

Measures to protect your employees

You should take care of your team just as you take care of your members. In this sense, you must make sure that you provide them with all the resources they need, but also that you limit as much as possible the contact they have with members, suppliers, or other people.

- Place disinfectant gel dispensers and paper towels at the reception and within reach of all employees
- Implement a procedure for contacting suppliers (e.g.: they can interact with the club staff outside the location, if possible)
- Streamline traffic at the reception desk so that no queues form during peak times
- Eliminate the sale of products at the reception or implement card payment
- Implement a check-in system that does not require the member to show up at the front desk
- Implement online bookings for classes, so that access can be done in an orderly manner, only with members who have booked a class
- Personal trainers and instructors should no longer have direct contact with members (e.g.: correct their position by touching them, but explain what to do)
- Develop a set of rules of conduct for employees, explaining how to behave, how to keep the minimum distance and the fact that it is mandatory to wash their hands before and after each class, when they come to work and more

- Explain your employees what the symptoms of COVID-19 are and urge them to stay home if they have these symptoms.
- Implement a way to take the temperature of employees when they come to the gym and send home those who are over 37.5 degrees
- Explain to the whole team what the new rules are, but avoid organizing meetings with more than 3 people
- Draw up a written set of rules, which must be distributed to all employees