

## Measures to protect your gym's members

Your members' health must come first. That is why, before opening, it's important for your gym to be prepared with everything they need to train safely.

- Place as many disinfectant gel dispensers and paper towels as possible in places that are easy for members to see and access
- Implement access control and automatic check-in solutions, which limit the waiting time at the reception desk
- Implement a booking system for group fitness classes to limit the number of participants, but also the number of members who gather at the studio entrance for the class
- Implement bank card payment at the reception desk, to avoid contact with money
- Provides members with online services such as online registration, online payments for memberships, etc., so that these tasks can be done at home, not at the reception desk
- Make the use of towels mandatory when using the equipment, as well as clean shoes when entering the room
- Stick posters with the hygiene rules and social distancing and mark the ground areas to show members what the minimum distance is
- If you change anything, the services offered, the program of the club or any other rule, inform the members and display these rules at the reception desk

- Removes items such as hair dryers, curlers and other similar products and equipment that members use in common from the locker room
- Implement a way to check the temperature of each member entering the club to block access to those over 37.5 degrees C
- Encourage members to disinfect their hands when entering the gym, but also when entering group fitness or cycling studios